



FIND A HEALTHIER YOU! Lead a healthier life with the support of a Personal Health Nurse.

Our Personal Health Nurses (PHNs) support EWBTF Member's needs through an efficient and caring approach to Personal Health Management that is available at no additional cost to you.

As an EWBTF member, you may qualify for a PHN if you suffer from:

- Long-term health condition
- Short-term illness or injury
- Mental or behavioral health condition
- Health condition that puts you at risk for other health issues

Your PHN works directly with you and your physician to set goals, help you build healthy habits and ensure you receive the right care when you need it. If you or a dependent qualifies for Personal Health Management through Conifer Health Solutions, your PHN may connect with you directly or you may contact them.

Speak to your Personal Health Nurse Today!

800-757-0391

Questions?

Visit www.ewbtf.org for more information.

Personal Health Management provided by

CONIFER
HEALTH SOLUTIONS[®]